

Cayenne Applications

Dr. Christopher Information

Usages:

1. Heart Attacks: In 35 years of practice, and working with the people and teaching, I have never on house calls lost one heart attack patient and the reason is, whenever I go in--if they are still breathing--I pour down them a cup of cayenne tea (a teaspoon of cayenne in a cup of hot water, and within minutes they are up and around). This is one of the fastest acting aids we could ever give for the heart, because it feeds that heart immediately. Most hearts are suffering from malnutrition because of processed food we are eating, but here it gets a good powerful dose of real food and it's something that has brought people in time after time. This is something that everyone should know how great it is, because a heart attack can come to your friends or loved ones any time. And even yourself. The warm tea is faster working than tablets, capsules, cold tea, because the warm tea opens up the cell structure--makes it expand and accept the cayenne that much faster, and it goes directly to the heart, through the artery system, and feeds it in powerful food.
2. Sterilize and Stop Bleeding: The old herbalists claimed that cayenne pepper (Capsicum or red pepper) should be poured directly into a fresh wound, to sterilize and stop the bleeding.
3. Menstrual Cramps: If a young woman has menstrual problems, she can suspect that her female organs might not be in good condition. Although it should be needless to say, we should avoid drugs in managing our menstrual cramps. In order to treat the symptoms, some people favor red raspberry tea, peppermint tea, camomile tea, or catnip tea. You can take a capsule of cayenne with any of these to help warm the internal organs. If the cramps are really severe, you can use cayenne ointment externally on the abdomen to act as a counter-irritant, but be sure to cover the application with gauze, as it can stain your underthings.
4. Eyes and Ulcers: See testimonials.
5. Tincture of Cayenne heals wounds, cuts through mucus, good for sore throats, and tonsillitis; milder solutions can be used in the nose, eyes, and ears for cleaning up microscopic "lounge lizards" in infections. Has been successfully used for resuscitation of newborn infants; a few drops administered orally. The best and safest stimulant known to man.
6. Cayenne Salve: Deep Heating Balm: It is excellent for stiff necks, sore muscles, headaches, pain, stiff joints, arthritis, etc.

Dosages:

1. Stop Bleeding: A wound, external or internal, will stop bleeding if the individual will drink a cup of water (preferably hot) with a teaspoon of cayenne pepper (red pepper) stirred into it. The bleeding will

stop generally by the time a person can count up to ten after drinking the cayenne tea. The cayenne equalizes the blood pressure from the top of the head to the feet. This keeps the pressure from the hemorrhage area so it will clot naturally, which it cannot do with heavy blood pressure pumping the blood rapidly at the hemorrhage area.

2. Nosebleeds: A teaspoon of cayenne in a cup of water (hot preferred) taken internally will stop most nosebleeds quickly. In an emergency such as this we use cayenne. As mentioned a teaspoon of cayenne pepper in a glass of water and drunk right down will stop a nosebleed in nearly every instance, by the time you can count to ten. This is not a miracle; it is the principle of the cell stimulant cayenne traveling through the entire blood stream and regulating the pressure so the pressure of the flow is the same in the feet as in the head or any other part of the body. This takes the heavy pressure off the hemorrhaging area and allowing a quick coagulation. [HHH p.110]

3. Salve: Deep Heating Balm: As needed topically.

EXTRA INFORMATION

APPLICATIONS & DOSAGES

NOTE: In the following Steps of this Section, "Dropperfuls" or "tsp." are referring to Cayenne Pepper Tincture, unless otherwise noted. SUBSTITUTE Cayenne Pepper Powder (250,000 Heat Units or above - Habanero, African Bird, Serrano, Jalapeno), if Cayenne Pepper Tincture is NOT AVAILABLE. 1 HEAPING Tablespoon added to an 8 oz. Glass of PURE Water is EQUAL to 5 Dropperfuls of Tincture. 1 Dropperful EQUALS 30 Drops.

If you're working with an UNCONSCIOUS Person, you must be CAREFUL, when putting the Dropperfuls into the Mouth, so that you do NOT CHOKe or DROWN this Person, but then even if he/she GAGS a little, you are SAVING his/her LIFE!! The above recommendations for a Heart Attack came from Dr. Richard Schulze, M.H., N.D., who saw MANY MIRACLES with his Methods!

BLEEDING

If a Person has SERIOUS EXTERNAL BLEEDING (Cuts, Wounds, & Childbirth Hemorrhage/Tear), you must:

1. LIBERALLY FLUSH the AFFECTED Area with 10 - 20 Dropperfuls of Cayenne Pepper Tincture IMMEDIATELY or PACK the Area with Cayenne Pepper Powder, if the Cayenne Pepper Tincture is NOT AVAILABLE!
2. Give 1 - 3 Dropperfuls of Cayenne Pepper Tincture ORALLY also.
3. If Echinacea Plus Tincture is AVAILABLE, FLUSH the AFFECTED Area with 10 - 20 Dropperfuls.
4. Apply Pressure to a Cut/Wound/Tear or use Arterial Pressure.
5. Tape the Cut/Wound/Tear together.

6. Apply Aloe Vera Gel to the AFFECTED Area on the following day.
7. If Pain is involved, then give 5 - 60 Drops 3 - 4 times daily of an EQUAL amount of Valerian Root Tincture to the Lobelia Seed Pod Tincture.
8. If OPEN SORES or WOUNDS are NOT HEALING, apply Slippery Elm Gruel over the AFFECTED Area each day, until desired RESULTS are achieved.

If a Person has SERIOUS INTERNAL BLEEDING (Ulcers, Hemorrhages), you must:

1. Give 1/8 tsp. of Cayenne Pepper Tincture - 8 times per day.
2. And then WORK your way up to taking 1 tsp. of Cayenne Pepper Tincture - 3 times per day.

If a Woman has a HEAVY MENSTRUAL FLOW, you must:

1. Give/take 1 - 3 Dropperfuls of Cayenne Pepper Tincture ORALLY.
2. If Pain is involved, then give 5 - 60 Drops 3 - 4 times daily of an EQUAL amount of Valerian Root Tincture to the Lobelia Seed Pod Tincture.

BREATHING PROBLEMS

If a Person has STOPPED BREATHING and is CONSCIOUS, you must:

1. IMMEDIATELY Check Airway and Pulse!
2. Start Mouth-to-Mouth Resuscitation.
3. Give 5 - 10 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth, HELPING the Person to REVIVE!
4. Give 2 - 10 Dropperfuls of Lobelia Seed Pod Tincture or MORE, HELPING the Person to BREATHE EASIER, OPEN UP their AIRWAY and RELAX!.
5. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

If a Person has STOPPED BREATHING and is NOT CONSCIOUS, you must:

1. IMMEDIATELY Check Airway and Pulse!
2. Start Mouth-to-Mouth Resuscitation!
3. Give 1 - 2 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth, HELPING the Person to REVIVE!

4. Give 1 - 2 Dropperfuls of Lobelia Seed Pod Tincture or MORE, HELPING the Person to BREATHE EASIER, OPEN UP their AIRWAY and RELAX!.

5. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

If a Person has SMOKE INHALATION and is NOT or BARELY CONSCIOUS, you must:

1. IMMEDIATELY Start First-Aid Treatment for Smoke Inhalation!

2. Give 1 - 2 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth, HELPING the Person to REVIVE!

3. Give 1 - 2 Dropperfuls of Lobelia Seed Pod Tincture or MORE, HELPING the Person to BREATHE EASIER, OPEN UP their AIRWAY and RELAX!.

4. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

CIRCULATION PROBLEMS

If a Person has a HEART ATTACK (Angina Pectoris) and is CONSCIOUS, you must:

1. IMMEDIATELY give 5 - 10 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth!

2. Sit/lay the Person down and LOOSEN Clothing.

3. REPEAT the Cayenne Pepper Tincture Dosage in 5 minutes and, if you have it, 4. Give an EQUAL amount of Dr. Schulze's Heart Formula Tincture (1 Part - Cayenne & 3 Parts - Hawthorn Berry).

5. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

6. Continue this Treatment, until the desired RESULTS are achieved.

If a Person has a HEART ATTACK (Angina Pectoris) and is NOT CONSCIOUS, you must:

1. IMMEDIATELY give 1 - 3 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth!

2. Check Pulse and Breathing.

3. IMMEDIATELY START C.P.R.!

4. REPEAT Dosage in 5 minutes and, if you have it,

5. Give an EQUAL amount of Dr. Schulze's Heart Formula Tincture (1 Part - Cayenne & 3 Parts - Hawthorn Berry).

6. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

7. Continue this Treatment, until the desired RESULTS are achieved.

If a Person has a STROKE and is CONSCIOUS, you must:

1. IMMEDIATELY give 5 - 10 Dropperfuls DIRECTLY into the Mouth!
2. Sit/lay the Person down and LOOSEN Clothing.
3. REPEAT the Cayenne Pepper Tincture Dosage in 5 minutes and, if you have it,
4. Give an EQUAL amount of Dr. Schulze's Heart Formula Tincture (1 Part - Cayenne & 3 Parts - Hawthorn Berry).
5. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.
6. Continue this Treatment, until the desired RESULTS are achieved.

If a Person has a STROKE and is NOT CONSCIOUS, you must:

1. IMMEDIATELY give 1 - 3 Dropperfuls DIRECTLY into the Mouth!
2. Check Pulse and Breathing.
3. Start C.P.R.!
4. REPEAT Dosage in 5 minutes and, if you have it,
5. Give an EQUAL amount of Dr. Schulze's Brain Formula Tincture.
6. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.
7. Continue this Treatment, until the desired RESULTS are achieved.

If a Person has General Circulation &/or Blood Pressure Problems, they should:

1. Change the Tincture Formula above to 2 parts - Garlic, 1 part - Ginger Root, and 1 part - Cayenne Pepper.
2. Take 1/8 tsp. - 4 times per Day.
3. Work their way up to taking 1 tsp. - twice per day.

If a Person has Heart Problems, they should:

1. Change the Tincture Formula above to 3 parts - Hawthorn Berry and 1 part - Cayenne Pepper.
2. Take 1/8 tsp. - 4 times per Day.
3. Work their way up to taking 1 tsp. - twice per day.

DROWNING

If a Person has DROWNED, you must:

1. IMMEDIATELY Start First-Aid Treatment for Drowning!
2. Give 1 - 2 Dropperfuls of Cayenne Pepper Tincture DIRECTLY into the Mouth, HELPING the Person to REVIVE!
3. Give 1 - 2 Dropperfuls of Lobelia Seed Pod Tincture or MORE, HELPING the Person to BREATHE EASIER, OPEN UP their AIRWAY and RELAX!.
4. REPEAT Dosages of BOTH Tinctures, ALTERNATING each EVERY 5 minutes.

INTERNAL PAIN

If a Person has a MIGRAINE Headache, you must:

1. Give 5 - 10 Dropperfuls of Cayenne Pepper Tincture at ONCE!
2. But if Step 1 does NOT WORK after 1/2 hr., then mix an EQUAL amount of Valerian Root Tincture and Lobelia Seed Pod Tincture together.
3. Give 5 - 10 Dropperfuls of this Tincture Blend at ONCE!
4. Give 3 - 4 Glasses of PURE Water with a pinch of Sea Salt in a SHORT period of time.
5. Continue this Treatment, until the desired RESULTS are achieved.

CAYENNE PEPPER OIL - THERAPEUTIC ACTION

CAYENNE, acting as a Counter-Irritant, plus the Oil as an Emollient, work DEEP into Tissue to RELIEVE Pain, Swelling and Inflammation. It can also be used for Stiffness in Joints, Tendons, Ligaments and Muscles for Health Problems, including Arthritis, Bursitis, Lumbago, or ANY Muscle or Bone Pain.

FORMULA

Cayenne Pepper Oil is made by the following Method:

1. Start to make this Oil, if possible, on a NEW Moon.
2. Place 5 tbs. of Cayenne Pepper (HOTTEST - Habanero, African Bird, Serrano, Jalapeno) Powder into 20 oz. of RAW ORGANIC Jojoba Oil, Almond Oil or Olive Oil into a Glass Jar with a TIGHT lid and SHAKE EVERY Day.
3. PRESS and STRAIN OFF the Oil Mixture through Cheesecloth or Cotton Muslin Cloth on the following FULL Moon.

4. BOTTLE it.

APPLICATIONS & DOSAGES

If a Person has HEMORRHOIDS or INJURED Tissues, where the Skin is NOT broken, you must:

1. Take a HOT Bath or Shower.
2. Thoroughly RUB 1 or MORE Dropperfuls into the AFFECTED Area of the Skin for 15 minutes.
3. Alternate VERY HOT, then VERY COLD Water over the AFFECTED Area for 1 minute each for 7 - 10 times.
4. If Pain PERSISTS, give 5 - 60 Drops 3 - 4 times daily of an EQUAL amount of Valerian Root Tincture to the Lobelia Seed Pod Tincture.
5. Continue this Treatment, until the desired RESULTS are achieved.

NOTE: This Oil can be EXTREMELY HOT on Hemorrhoids, so start with a SMALL amount and work your way up to MORE! Do NOT apply this Oil on Broken Skin! SUBSTITUTE a HOT Water Bottle and an ICE Pack or Cubes, if VERY HOT and VERY COLD Water is NOT AVAILABLE!