

# Thank you for purchasing our Protection & Detox Set: #2: Sensitivities, Digestion, & Environmental Exposures

I hope this will help bring peace to your heart and healing and protection to you and your loved ones. This set was inspired by the steps a local naturopathic clinic takes where they take Influenzinum once a week as a preventative measure for the flu. They having been using this strategy successfully for years. We, too, have incorporated using Influenzinum weekly during times where the flu is going around with success.

During a sleepless night, the thought came to me, if Influenzinum, taken on a weekly basis, can be that effective at preventing the flu, what about the option of taking other homeopathic remedies that are known to be just as effective but are used for other preventative and detoxing measures for issues like heavy metal toxicities, chemical exposure, pesticide exposure, dust, pollen, and plants sensitivities – and so much more?

It was during that night that the idea for our Detoxification and Protection sets were born. Initially I was just creating the idea for my own family and felt that I had hit on something important and very valuable. And then I realized that if I'm this excited about this for MY family, some of you might want this for your family as well.

## Set #2 includes the following mixed homeopathic formulas:

- 1. Food Sensitivities
- 2. Food Contaminants

- 4. Plant & Outdoor Sensitivities
- aminants
- Digestion Detox & Aid
  Full Body Boost, Detox & Drainage

3. Environmental Exposures

This set was carefully formulated to help protect and detox the body from the following substances / issues (and more) that one might have underlying sensitivities to:

#1: Chili's, eggplant, cherry, mustard, mushroom, peppers, potato and tomato. Also Shellfish, fish, beef, chicken, duck, egg white, egg yolk, elk, lamb, pork, turkey, and venison. Also gluten, barley, corn, flax seed, millet, sorghum, oat, poppy, brown and white rice, rye, safflower, sesame, soybean, sunflower and wheat. Also dairy products such as cheddar, parmesan, ricotta, cow's milk, goat milk, human milk, Swiss, cottage cheese, American cheese, blue cheese, and brie cheese.

#2: MSG and red, blue, green, and yellow dyes. Also unwanted substances in tap water such as copper, lead, iron, plastics, polychlorinated biphenyls, chloroforum, and chlorine. Also food additives like sulfites, nitrates, carrageenan, xanthan gum, hydroloyzed vegetable protein, potassium chloride, aspartame, caffeine, and vegetable protein. Phenolic compounds found in foods and other substances.

#3: Soil and water contaminants, animal pathogens, wood smoke, tobacco smoke, chemical smoke, oil smoke, rubber and tire smoke, and wildfire smoke. Also pet sensitivities for short or long haired cats, cow, short or long haired dogs, feathers, fish scales, goat, guinea pig, hog, horse, rabbit and sheep wool. Also insecticides.

#4: Dust, mold, mildew and yeast. Also insect repellents, insecticides, carbon monoxide, antifreeze, glues, insect repellents, oils and paints. Also trees, grasses, flowers, pollens, animals. Also flowers and weeds of many types.

#5: Exposure to bowel pathogens such as C. Diff, amoeba, diptherium, blastocytis hominis, botulinum, E. Coli and Giardia. Digestive enzyme support for vagus nerve, gallbladder, intestines, and stomach. Chronic and acute candida infections. Gut flora boost and exposure to amoeba and protozoa.

#6: Enhances the body's natural immune response. Supports the detoxification of the liver, brain, adrenals, heart, lungs, lymph, kidneys, spleen, thyroid, and intestines.

## DOSAGE INSTRUCTIONS

1<sup>st</sup> Time User:

Week One: 1 dropperful, in water, 2 x per day for 7 days. (Take 20 minutes away from any food or liquids.)

Week Two & On: 1 dropperful in water, 1 x per day, once a week. (Take 20 minutes away from any food or liquids.)

### For Preventative Measures:

1 dropperful, in water, 1 x per day, once a week. (Take 20 minutes away from any food or liquids.)

### For Recent Exposure(s):

Repeat Week One and then go back to the once a day, once a week regimen.

Note: If you're using both of the Protection & Detox Set #1 <u>and</u> Set #2, use them on different days. For example take one dropperful of each of the 6 formulas in set #1 on Sunday. Then take one dropperful of each of the 5 formulas in set #2 on Monday.

I hope this set will greatly benefit you and/or your family.

Claudia